



starters

- cinnamon roll • large 4.99
blueberry crumb cake • 4.49
bagel • 2.99 (gluten free 3.29) add cream cheese 0.79
muffins • mini 1.19 / large 3.99 / mini sugar donut • 0.99
scone • seasonal flavors 3.89
sweet croissant • classic 2.99 / chocolate or strawberry 3.39
savory croissant • ham & cheese, spinach & feta, 5.99
biscuits • classic 1.59 / sweet potato 2.89 / sp nugget 1.19
turkey sausage and cheddar roll • veggie and cheese 5.99

entrees substitute sweet potato biscuit 0.89

- shrimp & grits • 18.49
stone ground grits, grilled seasoned shrimp, jalapeño cheese sauce, fresh cilantro, with jalapeño focaccia bread
cilantro corn pancakes • 14.49
two corn cakes layered with black beans, two over medium eggs, sour cream, salsa, white vermont cheddar, and fresh cilantro
burrito de huevos • 14.49
scrambled eggs, yellow corn, roasted red peppers and onions in a flour tortilla with black beans - topped with salsa and vermont cheddar cheese. (add avocado 1.89 or bacon - 1.99 ea)
breakfast BLT • 13.99
grilled sourdough bread, herb mayo, mixed greens, tomatoes, two over medium eggs, and crisp bacon. - choice of grits or potatoes
vegan tofu scramble • 13.99
seasoned tofu, sautéed with mixed veggies, served with sourdough toast. - choice of grits or potatoes
vegan breakfast sandwich • 14.49
Soysage, spinach and tomato on grilled sourdough bread with potatoes
highland breakfast • 13.49
two scrambled eggs, toast, and choice of bacon, ham, turkey sausage, or fresh fruit. - choice of grits or potatoes
meat substitutions: soysage +1.19 • turkey slice +1.19 • turkey bacon +1.19
side item substitution: fresh fruit +2.59)
avocado toast • 12.99
smashed avocado, sliced tomato, an over easy egg on sourdough toast topped with red pepper
sausage gravy biscuit • 9.99
an open face biscuit with sausage gravy served with choice of grits or potatoes

quick breads

- sweet potato pancakes • 12.99 / half order 6.99
lightly sweet, southern-style pancakes with warm caramelized brown sugar butter and toasted pecans
ricotta pancakes • 12.99 / half order 6.99
three pancakes served with warm blueberry compote
french toast • 14.99 / half order 7.99
super thick slices of challah bread, topped with fresh berries, french cream, and brown sugar butter on the side
peanut butter french toast • 15.49
challah bread filled with peanut butter, dipped in batter, crusted with bran flakes, topped with caramelized bananas in brown sugar butter

benedicts choose your side: grits or potatoes

- fried chicken • 16.49
eggs poached medium, fried chicken, jalapeño cheese sauce, on a grilled biscuit
classic • 13.69
two poached eggs, canadian bacon, and hollandaise sauce, on a grilled english muffin
salmon benedict • 17.99
two poached eggs, sautéed spinach, grilled smoked salmon, hollandaise sauce, on a grilled english muffin
mama dot's country fried steak benedict • 17.69
mama dot's country fried steak, poached eggs, jalapeno cheese sauce on a grilled biscuit

breakfast sandwich

- build-your-own sandwich
4.99 • egg only • make your dream sandwich from the choices below
bread choices: • biscuit, bagel, whole wheat, challah, honey wheat, sourdough or rye
+1.59 croissant / +2.79 jalapeño focaccia
meat choices: +2.00 ea turkey sausage, ham, bacon / +2.99 soysage / turkey bacon +2.19
cheese choices: +0.50 ea white cheddar, swiss / +1.29 ea feta
fried chicken biscuit • 7.59
smoked salmon plate • 16.99 • served open face
slices of smoked salmon on a bagel of your choice. served with cream cheese, red onion slices, fresh tomatoes, caper berries, and mixed greens

build your own three-egg omelette choose your side: grits or potatoes

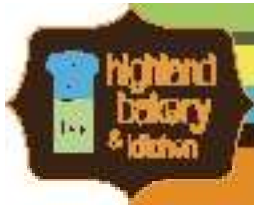
- 7.59 plus fillings • sub egg whites +1.19
veggies
+1.29 ea • tomato, onion, jalapeño, black beans / +1.69 ea • grilled veggies, roasted red peppers, corn mix / +1.89 ea • avocado, spinach, mushroom
meats
+2.00 ea • turkey sausage, bacon, • ham / +2.99 ea • soysage / +4.99 ea • shrimp (4), fried chicken, grilled chicken / +6.59 ea • tofu
cheese
+0.79 ea • cream cheese / +1.59 ea • feta cheese, vermont cheddar, swiss cheese / +2.79 pimento cheese

cereals

- Oatmeal • 7.49 • please allow 15 minutes
rolled oats cooked to order, served with brown sugar
add brown sugar butter, french creme, pecans, candied walnuts, blueberries compote, or raisins +1.29 each
granola • 6.59
house-made granola of rolled oats, hearty grains, nuts, and dried fruit, served with milk
substitutions: soy milk, oat milk or almond milk +1.19
add yogurt +1.19 • add fresh berries +2.79

sides

- 1.79 each • brown sugar butter, maple syrup, toast slice, vermont white cheddar, jalapeño cheese, peanut butter
2.79 each • vanilla yogurt, smashed avocado, jalapeño focaccia (1 slice), ham (1 slice), tomato slices (3)
3.99 each • grits, potatoes, turkey sausage (2), bacon (3), eggs (2), soysage (2), turkey bacon (3) tofu, pimento cheese
3.99 each • fresh fruit cup, tofu, egg whites (2), 4.99 • fried chicken (2), grilled chicken strips, chicken salad scoop
5.99 each • fresh fruit bowl, grilled shrimp (4), 6.99 • smoked salmon • sausage gravy biscuit



sandwiches served with chips and a dill pickle spear

side substitutions: +1.79 ea • grits or potatoes / +3.19 ea • house salad, spinach salad, or fresh fruit / +3.69 ea • cup of soup or chicken chili
bread substitutions: +2.79 • jalapeño focaccia

ultimate fried chicken • 16.59
two pieces of fried chicken breast, house-made pimento cheese spread, and fresh tomatoes on jalapeño focaccia
make it a brunch sammy: add fried egg +1.59 • add two fried eggs +2.99

reuben • 16.59
corned beef, swiss cheese, sauerkraut, and spicy russian dressing, served on grilled rye bread(or try it with turkey)

highland ham & cheese • 15.49
vermont white cheddar, black forest ham, garlic mayo, mixed greens, tomatoes, and balsamic vinaigrette, on grilled sourdough

herb roasted turkey • 15.49
herb turkey with apricot mayo, avocado, tomato, mixed greens, and balsamic vinaigrette, on grilled honey wheat

roast beef • 15.49
roast beef topped with fresh mixed greens, tomato, onion, vermont white cheddar, and our garlic mayo on grilled sourdough

pimento cheese • 13.49
house made pimento cheese with tomato on grilled sourdough
additions: bacon + 1.99 • fried chicken + 4.99

grilled cheese • 10.99
vermont white cheddar on grilled sourdough bread
additions: bacon +1.99 • tomato +1.79 • avocado +1.79

curried chicken salad • 14.49
roasted chicken salad*, red grapes, curried mayo, mango chutney, and toasted pecans - served with mixed greens and tomato on a grilled kaiser roll
*chicken salad contains nuts

chicken sandwich • 16.59
choice of grilled or fried chicken, lettuce, tomato and mango chutney served on a brioche bun • Additions: bacon + 1.99 • cheese +1.79

HB steak & cheese • 16.99
thinly sliced steak, swiss cheese, grilled red peppers & onion, garlic mayo on a french roll

salads

caesar salad • 13.99
romaine lettuce, shaved parmesan cheese, house made croutons, served with caesar dressing
additions: chicken salad +4.99 • fried or grilled chicken + 4.99

house* • large 13.49 / small 6.99
crunch mix, feta cheese, candied walnuts, dried cranberries a side of balsamic vinaigrette, and a piece of our famous jalapeño focaccia
additions: chicken salad* +4.99 • grilled chicken +4.99 • fried chicken +4.99
*chicken salad contains nuts

spinach • large 14.59/ small 7.99
fresh spinach, feta cheese, onions, strawberries, and candied walnuts*, served with a side of balsamic vinaigrette and a homemade mini muffin
additions: chicken salad* +4.99 • grilled chicken +4.99 • fried chicken +4.99
*chicken salad contains nuts *contains nuts

soups & combos

white bean chicken chili • bowl 8.59 / cup 4.99
roasted chicken, roasted red peppers, and onions, topped with vermont white cheddar cheese, and served with a slice of grilled jalapeño focaccia

soup of the day* • bowl 8.59 / cup 4.99
served with a slice of jalapeño focaccia
*always vegetarian

half & half combo • 14.49
pair any half sandwich*excluding ultimate fried chicken, steak & Cheese and chicken with one of these: chili, soup, side house salad, or spinach salad

*kaiser bread sandwiches are served on honey wheat

espresso

- americano M 3.65 • L 3.95
- cappucino M 4.55 • L 5.05
- mocha M 4.95 • L 5.35
- white mocha M 4.95 • L 5.35
- café au lait M 3.40 • L 3.95
- café latte M 4.65 • L 5.00
- shot in the dark M 3.39 • L 3.59
- chai latte M 4.90 • L 5.45
- matcha latte M 5.05 • L 5.45
- activator coffee 16 oz 6.50 ~ 20 oz 6.75

- double espresso 3.25
- cortado 4.00
- flat white M 4.75 ~ L5.10

coffee

- OUR COFFEE IS LOCALLY ROASTED
- cold brew M 4.05 L 4.50
- brewed to-go M 3.00 L 3.25
- brewed for dine -in bottomless 4.25
- additions: beverage flavor shot +0.89
- frappe 20 oz 6.50

more hydration

- juices: orange, apple, cranberry, grape fruit \$3.39
- hot tea 2.95
- hot chocolate M 3.59 L 3.79
- iced tea 2.50 free refills
- soft drinks 2.99
- bottled water 2.00