



starters

- cinnamon roll** • small 2.79 / large 3.99
- blueberry crumb cake** • 3.59
- bagel** • 1.59 add cream cheese 0.79
- muffins** • 5 mini 3.99 / 1 large 2.99
- scone** • 3.59 DAILY FLAVOR OPTIONS AVAILABLE
- sweet croissant** • plain 2.09 / chocolate or strawberry 2.79
- savory croissant** • ham & cheese 4.99
- biscuits** • plain 1.29 / small sweet potato 0.89 / regular s.p. 2.49
- mini sugar donut** • 0.79

entrees

- shrimp and grits** • 16.99
stone ground grits, grilled seasoned shrimp, jalapeño cheese sauce, fresh cilantro with jalapeño focaccia bread
- cilantro corn pancakes** • 11.99
two corn cakes layered, black beans, two over medium eggs, sour cream, salsa, white Vermont cheddar and fresh cilantro
- burrito de huevos** • 11.99
scrambled eggs, yellow corn, roasted red peppers and onions in two flour tortillas with black beans - topped with salsa and Vermont white cheddar
add bacon or avocado 1.59 each
- breakfast BLT** • 10.99
grilled sourdough, herb mayo, mixed greens, tomatoes, two over medium eggs with crisp bacon, open-faced with your choice of grits or potatoes
- tofu scramble** • 10.99
seasoned tofu sautéed with mixed veggies, whole wheat toast and your choice of grits or potatoes
- hoppin' highland** • small / large • 5.99 / 7.99
black-eyed peas over stone-ground grits with a Vermont white cheddar crisp • add fried egg or avocado 1.59 each
- highland breakfast** • 10.99
two scrambled eggs, toast and choice of bacon, ham, turkey sausage, or fresh fruit plus a side item of potatoes or grits
meat substitutions: soysage +0.79 • turkey slice +0.79
side item substitution: fresh fruit +1.59
- rustic italian** • 11.99
grilled rosemary garlic bread, melted mozzarella, sautéed mushrooms, spinach, tomato, onions, red pepper with two over-medium eggs topped with marinara sauce, fresh basil and Vermont white cheddar - choice of grits or potatoes
add fried or grilled chicken 3.99 each • add tofu 1.59

build your own three-egg omelette choose your side: grits or potatoes

- 6.29 plus fillings • sub egg whites +1.19
- veggies**
+0.79 each • tomato, onion, jalapeño, black beans / +1.39 each • grilled veggies, roasted red peppers, corn mix / +1.59 each • avocado, spinach, mushroom
- meats**
+1.59 each • turkey sausage, bacon / +1.99 ham / +2.59 soysage / +3.99 each • crabcake (1), shrimp (3), fried chicken, grilled chicken / +6.59 fried steak
- cheese**
+0.79 cream cheese / +1.39 each • goat cheese Vermont cheddar / +2.29 fresh mozzarella / +2.59 pimento cheese

cereals

- oatmeal** • 7.49 • please allow 15 minutes
rolled oats cooked to order, served with brown sugar • add brown sugar butter, french cream, pecans, candied walnuts, blueberry compote, or raisins +0.99 each
- granola** • 5.99
house-made consisting of rolled oats, hearty grains, nuts and dried fruit served with milk • add yogurt +0.99 • add fresh berries +2.59
substitutions: soy milk +0.59 • almond milk +1.19

sides

- 1.29 each • brown sugar butter, Vermont maple syrup, toast slice, tomato slices (3), vermont white cheddar, jalapeño cheese, peanut butter
- 1.99 each • vanilla yogurt, avocado, tofu, jalapeño focaccia (1 slice), ham (1 slice)
- 2.99 each • grits, potatoes, turkey sausage (2), bacon (3), eggs (2), soysage (1), tofu, pimento cheese scoop, hummus scoop, fresh fruit cup
- 3.99 each • egg whites (2), crabcake (1), shrimp (3), fried chicken (2), grilled chicken strips, chicken salad scoop, tuna salad scoop
- 5.99 each • fresh fruit bowl, smoked salmon, fried steak

quick breads

- sweet potato pancakes** • 10.99 / half order 5.49
lightly sweet southern-style pancakes with warm caramelized brown sugar butter sauce and toasted pecans
- ricotta pancakes** • 10.99 / half order 5.49
three pancakes served with warm blueberry compote
- French toast** • 12.49 / half order 6.99
super thick slices of challah bread, fresh berries, French cream and brown sugar butter sauce on the side
- peanut butter french toast** • 13.59
challah bread filled with peanut butter, dipped in batter, encrusted with bran flakes, topped with caramelized bananas in brown sugar butter sauce

benedicts choose your side: grits or potatoes (except the cowboy)

- fried chicken** • 13.99
eggs poached medium, fried chicken, jalapeño cheese sauce on a grilled biscuit
- country fried steak** • 14.99
Mama Dot's country fried steak, poached eggs, jalapeño cheese sauce on a grilled biscuit
- cowboy** • 11.49
two quesadillas with vermont white cheddar, black beans, poached eggs, hollandaise sauce, spicy corn relish
- classic** • 11.49
two poached eggs, Canadian bacon, hollandaise sauce on a grilled english muffin
- salmon benedict** • 13.99
two poached eggs, sautéed arugula, grilled smoked salmon, hollandaise sauce on a grilled English muffin
- crabcakes benedict** • 16.99
two lump crabcakes, poached eggs, sautéed spinach, hollandaise sauce on a grilled English muffin

breakfast sandwich

- build-your-own sandwich**
3.59 • egg only • make your dream sandwich from the choices below
4.99 • fried chicken biscuit
meat choices: +2.00 each • turkey sausage, ham, bacon / +2.99 soysage
cheese choices: +0.75 each • white cheddar, swiss / +1.29 each • goat, mozzarella
bread choices: +0.00 • biscuit, bagel, rosemary garlic, whole wheat, challah, honey wheat sourdough, ciabatta, rye
+0.59 cranberry walnut / + . 9 • croissant / +2.69 jalapeño focaccia
- smoked salmon plate** • 12.49 • served open-face
slices of smoked salmon on a bagel of your choice served with cream cheese, red onion slices, fresh tomatoes, caper berries and mixed greens



sandwiches served with chips and a dill pickle spear

side substitutions: +1.19 each · grits or potatoes / +2.59 each · house salad, spinach salad or fresh fruit / +3.09 each · cup of soup or chicken chili
bread substitution: +2.59 · jalapeño focaccia

ultimate fried chicken · 12.49
two pieces of fried chicken (white meat), housemade pimento cheese spread and fresh tomatoes on jalapeño focaccia bread
make it a brunch sandwich : add fried egg +1.59 · add two fried eggs +2.99

italian vegetable · 11.49
roasted red pepper, zucchini, squash, mushrooms with red pepper pesto*, fresh basil and tomato on ciabatta bread
*pesto contains nuts

italian chicken · 11.49
red pepper pesto*, fresh basil and tomato with roasted chicken on ciabatta bread
*pesto contains nuts

caprese · 11.49
fresh mozzarella, basil, tomatoes and balsamic vinaigrette on grilled sourdough

highland ham & cheese · 11.49
Vermont white cheddar cheese melted with Black Forest ham, served with garlic mayo, balsamic vinaigrette, mixed greens and tomato on a grilled baguette

herb roasted turkey · 11.49
herb turkey with apricot mayo, avocado, tomato and mixed greens drizzled with balsamic vinaigrette on grilled honey wheat

roast beef · 11.49
roast beef topped with fresh mixed greens, tomato, onion, Vermont white cheddar and our spicy remoulade on grilled sourdough

thai peanut wrap · 11.49
choice of chicken or tofu with glass noodles, basil, carrots, red peppers, peanut sauce* and mixed greens, wrapped in a flour tortilla
sub shrimp +2.59
*peanut sauce contains nuts

albacore tuna salad · 11.49
made with mango, mayo, fresh cilantro and jerk seasoning - served with balsamic vinaigrette, mixed greens and tomato on a grilled kaiser roll

"the hill" grill · 12.99
grilled chicken breast with arugula, goat cheese, fig preserves and a balsamic glaze on grilled ciabatta bread

curried chicken salad · 11.49
roasted chicken salad* with red grapes, curried mayo chutney and toasted pecans - served with mixed greens and tomato on a grilled kaiser roll
*contains nuts

reuben · 11.49
corned beef, swiss cheese, sauerkraut and spicy Russian dressing served on grilled rye bread

corned beef · 10.99
corned beef, spicy mustard and swiss cheese served on grilled rye bread

hummus · 10.99
hummus spread with Vermont white cheddar, tomatoes, mixed greens, red onions and balsamic vinaigrette on grilled sourdough

pimento cheese · 10.49
Vermont white cheddar and pimento cheese with tomato slices on grilled sourdough
additions: bacon +1.59 · fried chicken +3.99

mediterranean · 9.99
fresh basil pesto* layered with goat cheese, mixed greens and tomatoes on grilled rosemary garlic bread
add roasted turkey +2.00
* pesto contains nuts

grilled cheese · 8.99
Vermont white cheddar on grilled rosemary garlic bread
additions: bacon +1.59 · tomato +1.59 · avocado +1.59

crabcake burger · 14.99
grilled lump crab meat served with a spicy remoulade sauce, tomatoes, onions and mixed greens on a grilled kaiser roll

salads

caprese · 12.59
fresh mozzarella, basil and tomatoes on a bed of mixed greens - drizzled with balsamic vinaigrette and toasted baguette slices

thai peanut (gluten-free) · 10.99
grilled chicken or tofu with rice noodles, basil, shredded carrots, roasted red peppers and peanut sauce* served warm over spring mix
sub shrimp +2.59
*peanut sauce contains nuts

house · large 9.99 / small 5.99
mixed greens, cucumbers, tomatoes, onions, and homemade croutons served with a side of balsamic vinaigrette and a piece our famous jalapeño focaccia
additions: chicken salad* +3.99 · tuna salad +3.99 · grilled chicken +3.99 · fried chicken +3.99
*chicken salad contains nuts

spinach · large 9.99 / small 5.99
fresh spinach, goat cheese, onions, strawberries and candied walnuts served with a side of balsamic vinaigrette and a homemade mini muffin
additions: chicken salad* +3.99 · tuna salad +3.99 · grilled chicken +3.99 · fried chicken +3.99
*chicken salad contains nuts

soups & combos

white bean chicken chili · bowl 7.99 / cup 4.59
roasted chicken, roasted red peppers and onions topped with Vermont white cheddar cheese and served with a slice of grilled jalapeño focaccia

soup of the day* · bowl 7.99 / cup 4.59
served with a slice of grilled jalapeño focaccia
*always vegetarian

half & half combo · 10.59
pair any half sandwich* with one of these: chili, soup, side house salad or spinach salad
substitutions: crabcake burger OR thai shrimp wrap +2.19
*kaiser bread sandwiches are served on honey wheat

espresso

- americano S 2.69 · M 3.09 · L 3.29
cappuccino S 3.70 · M 4.35 · L 4.85
mocha S 4.35 · M 4.75 · L 5.15
white mocha S 4.45 · M 4.85 · L 5.25
café au lait S 2.70 · M 3.19 · L 3.29
caffé latte S 3.75 · M 4.45 · L 4.80
shot in the dark S 2.00 · M 2.60 · L 2.90
chai latte S 3.99 · M 4.39 · L 4.69
double espresso 2.70

coffee

- OUR COFFEE IS LOCALLY ROASTED...
iced
S 3.30
M 3.70
L 3.95
brewed to-go
S 2.30
M 2.55
L 2.80
brewed for dine-in
bottomless 2.99

more hydration

- juice
S 2.19
L 2.89
iced tea 1.99 free refills
soft drinks 1.99 free refills
bottled water 1.99
hot tea 1.99
hot chocolate
S 3.29
M 3.59
L 3.79
hot apple cider
S 2.75
M 2.95
L 3.15

substitutions: soy or hemp milk +0.99 · oat milk / almond milk +0.99 additions: beverage flavor shot +0.59